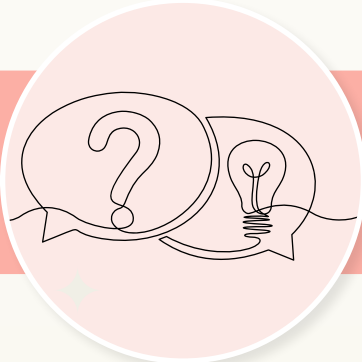


HOW CAN WE CHALLENGE RAPE CULTURE?



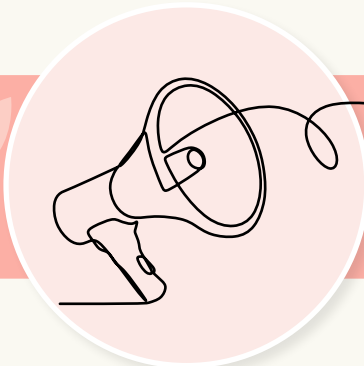
Start by believing people who have survived sexual violence.

Think about and question the sexist and other oppressive messages we encounter in pop culture, media, and everyday life.



Challenge others if we hear them repeating rape myths or making victim-blaming statements or rape jokes.

Examine our own internalized beliefs and prejudices about gender roles, race, disability, sexuality and sexual violence.



Take collective action by supporting or creating campaigns, events and groups that challenge and seek to end rape culture.